

CLEMENT MANOR				Clement Manor F/W Midwest Alts 2026			Regular/NAS/Consistent CHO			Week 1			
Sunday Oct 25		Monday Oct 26		Tuesday Oct 27		Wednesday Oct 28		Thursday Oct 29		Friday Oct 30		Saturday Oct 31	
Breakfast													
Choice of Cereal Buttered Waffles Sausage Links		Choice of Cereal Choice of Egg Bacon Wheat Toast		Choice of Cereal Scrambled Eggs Cinnamon French toast		Choice of Cereal Egg & Sausage Bake Wheat Toast Fresh Fruit		Choice of Cereal Choice of Eggs Turkey Bacon Toast		Choice of Cereal Egg & Cheese McMuffin Sandwich Canadian Bacon		Choice of Cereal Pancakes Sausage Patty	
Lunch													
Chicken Al King Rice Biscuits Dinner Roll Cherry Crisp		Grilled Pork Chop Red Bliss Potatoes Green Beans Corn bread Peanut butter brownie		Chicken Taco Mexican Rice Corn Chef Choice		Spaghetti Cauliflower Dinner Roll Lemon Pudding		Dijon Chicken Baked Potato Seasoned Broccoli Wheat Bread Molasses Cookies		Lemon Pepper Cod Garlic Mash Potatoes Honey Roasted Brussel sprouts Dinner Roll White Frosted cake		Swedish Meatballs Parsley Noodles Whole Baby Carrots Dinner roll Chocolate Cake	
Hamburger		Pasta Salad w meat		Egg Salad		Fish Stick		Taco Salad		Beef Tips		Cordon Blue	
Dinner													
Soup of the Day Cheddar Roast beef w/ lettuce & tomatoes potato Salad Berries		Soup of the Day Fried fish French Fries Coleslaw Watermelon		Soup of the Day Cheese Pizza Tossed Salad Buttered Breadsticks Red Grapes		Soup of The Day Ham salad Sandwich marinated Cucumbers Cookie		Soup of the Day Smothered chicken Buttered Noodles Seasoned Peas Garlic knot Apple slices		Soup of the Day Grilled Ham & cheese Green Beans Chips Sherbet Ice cream		Soup of the Day Sloppy Joe French Fries Mix Veggie	
Hot Dog		Chicken Salad		Chili		Tuna Melt		Baked Sweet potato		Chicken Broccoli cheese Casserole		Veggie Pot Pie	
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