

CLEMENT MANOR		Clement Manor S/S Midwest Alts 2026			Regular/NAS/Consistent CHO		Week 1
Sunday August 16	Monday August 17	Tuesday August 18	Wednesday August 19	Thursday August 20	Friday August 21	Saturday August 22	
Breakfast							
Choice of Cereal Buttermilk Pancakes Sausage patty	Choice of Cereal Cheesy Scrambled Eggs Donuts	Choice of Cereal Scrambled Eggs English muffin Fresh Fruit	Choice of Cereal Eggs Biscuits & Sausage Gravy	Choice of Cereal Pancakes Cheesy Scrambled Eggs Fresh Fruit	Choice of Cereal Sausage & cheese Breakfast Sandwich	Choice of Cereal Cheesy Scrambled Eggs Bacon Wheat Toast Vanilla Yogurt	
Lunch							
Salisbury steak Rice Corn Peach slum Cake	Sweet & Sour Chicken White Rice Oriental Veggie Cinnamon sugar Churro	BBQ pork Sandwich Potato salad Baked Beans Chef Choice	Sweet & Savory meatballs White Rice Seasoned Peas Blueberry Cobbler	Savory baked Chicken Thighs Au Gratin Potatoes Garden Seasoned Carrots Strawberry Chocolate Truffle Cake	Creamy Baked Fish Baked Potato Green Beans Wheat Bread Key Lime Pie	Baked Spaghetti Malibu Veggie Dinner Roll Cookie	
Cheesy Beef Pasta	Taco Salad w/ Chips and salsa	Turkey & provolone Sandwich	Chicken Salad on a bun	Salisbury Steak	BBQ Chops	Lemon Pepper Tilapia	
Dinner							
Soup of the Day Fish Sandwich w cheese French Fires Creamy coleslaw Watermelon	Soup of the Day Italian Meatball Sub Normandy Veggie Watermelon applesauce	Soup of the Day Stuffed Peppers Corn Bread Mixed Veggie Sliced Pears	Soup of the Day Grilled Ham 7 cheese Garlic Herb French Fries Corn Pineapple Chunks	Soup of the Day Beef Ravioli w Sauce Tossed Salad Dinner Roll Apple Slices	Soup of the Day German Kielbasa Sautéed Peppers & Onions White Rice Dinner Roll Red Grapes	Soup of the Day Brat Baked Sweet Potato Creamy Coleslaw Mixed Melon Fruit	
Hot Dog	Tuna melt Sandwich	General TSO Chicken w Rice	Potato Crunch Fish fillet	Egg Salad Sandwich	Chicken Rice Bowl	Roast Pork Sandwich	