

CLEMENT MANOR		Clement Manor S/S Midwest Alts 2026			Regular/NAS/Consistent CHO		Week 3
Sunday July 26	Monday July 27	Tuesday July 28	Wednesday July 29	Thursday July 30	Friday July 31	Saturday August 1	
Breakfast							
Choice of Cereal Buttermilk Pancakes Sausage Patty	Choice of Cereal Cheesy Scrambled Eggs Breakfast Ham Slice Wheat Toast	Choice of Cereal Sausage, Egg & Cheese Biscuit Fruit	Choice of Cereal Cheesy Scrambled Eggs Wheat Toast	Choice of Cereal Cinnamon French Toast Eggs	Choice of Cereal Scrambled Eggs Wheat Toast	Choice of Cereal Eggs Wheat Toast Vanilla Yogurt Fruit	
Lunch							
Grilled Garlic Parmesan Chicken Breast Parsley Noodles Seasoned Broccoli Buttered Breadstick Cookie	Cheesy Beef Pasta Green Beans Dinner Roll Frosted Banana Cake	Herbed Pork Loin Baked Potato Malibu Veggie Blend Wheat Bread Lemon Bars	Meatloaf Mashed Potatoes Whole Baby Carrots Dinner Roll Chef Choice Dessert	BBQ Baked Pork Chop Au Grain Potato Corn Dinner Roll Chef Choice Dessert	Beef Stroganoff Buttered Noodles Dinner Roll Brownies	Baked Chicken Scallop Potato Seasoned Broccoli Dinner Roll Cherry Pie	
Ham Steak	Salisbury Steak w/ Mashed potatoes	Garlic Herb Beef Pot Roast	Tropical Pork	Egg Roll	Fish Sticks	Stuffed Peppers	
Dinner							
Soup of the Day Potato Crunch Fish Fillet Garlic Herb French Fries Seasoned Peas Wheat Bread Watermelon	Soup of the Day Cheese Burger Lettuce, Tomato, Pickles Spears Chips Berries	Soup of the Day Chicken Rice Bowl Tossed Salad Dinner Roll Pineapple Chunks	Soup of the Day Tuna Melt Sandwich W/ Pickles & lettuce Chips Yogurt Parfait	Soup of the Day Ham & Provolone Sandwich w/ lettuce, tomato & pickles Seasoned Peas Mixed Melon Salad	Soup of the Day Egg Salad Sandwich Tossed Salad Fruit Ice Cream	Soup of the Day Seafood Salad on Croissant w/ Lettuce & Chips Cinnamon Applesauce	
Ham & Provolone Sandwich	Baked Fish	Turkey Garden Ranch Sandwich	Hot Dog on a Bun	Tuna Noodle Casserole	Baked Ziti	Teriyaki Chicken Sandwich	