

**CLEMENT MANOR**

**Clement Manor F/W Midwest Alts 2025**

**Regular/NAS/Consistent CHO**

**Week 3**

Sunday March 8	Monday March 9	Tuesday March 10	Wednesday March 11	Thursday March 12	Friday March 13	Saturday March 14
<b>Breakfast</b>						
Choice of Cereal Buttermilk Pancake Sausage Patty	Choice of Cereal Eggs Biscuits & Sausage Gravy	Choice of Cereal French Toast Eggs	Choice of Cereal Cheesy Scrambled Eggs Bacon Wheat Toast	Choice of Cereal Sausage, Cheese & Egg Biscuit Fruit	Choice of Cereal Eggs Sausage Link Coffee Cake	Choice of Cereal Cheesy Scrambled Eggs Wheat Toast Fruit
<b>Lunch</b>						
Baked Chicken Cheesy Mashed Potatoes Seasoned Broccoli Wheat Bread Frosted Spice Cake	Beef Teriyaki White Rice Sugar Snap Peas Custard Pie	Tacos w/Lettuce, Cheese & Tomato Mexican Rice Chef's Choice Dessert	Beef Mostaccioli Capri Vegetable Blend Dinner Roll M&M Cookie	Baked Boneless Pork Chop Mashed Potatoes Winter Vegetables Wheat Bread Chef's Choice Dessert	Fried Fish Coleslaw Cornbread Brownie Crinkle Cookie	BBQ Chicken Thighs Tossed Salad Corn Dinner Roll Key Lime Pie
Beef Stew	Chicken Cordon Bleu	Polish Sausage on Bun	Fish Sandwich	Liver & Onions	Chili	Hamburger Steak
<b>Dinner</b>						
Soup of the Day Philly Provolone Steak Sandwich Creamy Coleslaw Tropical Fruit Salad	Soup of the Day Baked Ziti California Vegetables Buttered Breadstick Pineapple Chunks	Soup of the Day Grilled Chicken Breast Sandwich French Fries Berries	Soup of the Day Chop Suey Rice Corn Watermelon	Soup of the Day Pizza Casserole Tossed Salad Fruit Medley	Soup of the Day Egg Salad Sandwich Crackers Mixed Vegetables Cantaloupe	Soup of the Day Beef Goulash Italian Blend Vegetables Dinner Roll Cinnamon Applesauce
Oven Roasted Tilapia	Chicken & Dumplings/Rice	Margherita Cheese Pizza	General Tso Chicken	Grilled Ham & Cheese Sandwich	Corned Beef & Cabbage	Turkey & Cheese Sandwich