

CLEMENT MANOR		Clement Manor F/W Midwest Alts 2025			Regular/NAS/Consistent CHO		Week 2
Sunday Jan 25	Monday Jan 26	Tuesday Jan 27	Wednesday Jan 28	Thursday Jan 29	Friday Jan 30	Saturday Jan 31	
Breakfast							
Choice of Cereal Cinnamon French Toast Scrambled Eggs	Choice of Cereal Ham, Egg & Cheese Biscuit Sandwich	Choice of Cereal Eggs Bacon Wheat Toast Fruit	Choice of Cereal Buttermilk Pancakes Scrambled Eggs	Choice of Cereal Egg Patty Breakfast Ham Slice English Muffin Fruit	Choice of Cereal Scrambled Eggs Wheat Toast	Choice of Cereal Eggs Wheat Toast Fruit	
Lunch							
Pork Chop Supreme Mashed Potatoes Green Beans Wheat Bread Apple Pie	Oven Roasted Tilapia Rice Pilaf Succotash Wheat Bread Peach Slump Cake	Savory Baked Chicken Breast Parmesan Noodles Seasoned Broccoli Buttered Breadstick Cherry Pie	Meatloaf Mashed Potatoes Green Beans Dinner Roll Banana Pudding	Tuna Noodle Casserole Dilled Carrots Buttered Breadstick Cinnamon Sugar Churro	Cracker Crumb Chicken Cheesy Mashed Potatoes Seasoned Peas Pineapple Upside Down Cake	Roasted Pork Tenderloin Baked Potato Dilled Carrots Dinner Roll Black Forest Brownie	
Turkey Pot Pie	Chili	Hamburger on Bun	Baked Ziti	Pork Loin w/Dijon-Apple Relish	Beef Teriyaki	Salisbury Steak	
Dinner							
Soup of the Day Cheese Pizza Tossed Salad Drumstick Ice Cream	Soup of the Day Roast Beef & Cheddar Sandwich Italian Blend Mixed Vegetables Mixed Melon Salad	Tomato Soup Pork with Kraut Onion Roasted Potatoes Capri Vegetable Blend Dinner Roll Chef's Choice Dessert	Soup of the Day Chicken Salad Sandwich Crackers Chips Fresh Fruit Cup	Soup of the Day Beef Quesadilla Mexican Rice Corn Chef's Choice Dessert	Soup of the Day Macaroni & Cheese Stewed Tomatoes Wheat Bread Cantaloupe	Soup of the Day Italian Beef Casserole Cauliflower Buttered Breadstick Red Grapes	
Grilled Ham & Cheese Sandwich	Chicken Kiev	French Dip Sandwich	Ham Loaf	BBQ Chicken Pizza	Roast Beef & Swiss Sandwich	Chicken Alfredo	

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