

CLEMENT MANOR		Clement Manor S/S Midwest Alts 2025			Regular/NAS/Consistent CHO		Week 2
Sunday Sept 28	Monday Sept 29	Tuesday Sept 30	Wednesday Oct 1	Thursday Oct 2	Friday Oct 3	Saturday Oct 4	
Breakfast							
Choice of Cereal Cook's Choice Eggs Breakfast Ham Slice Wheat Toast	Choice of Cereal Scrambled Eggs Wheat Toast Peaches w/Cottage Cheese	Choice of Cereal French Toast Sausage Links .Fruit	Choice of Cereal Scrambled Eggs Biscuits & Gravy	Choice of Cereal Cook's Choice Eggs Strawberry Coffee Cake Fruit	Choice of Cereal Egg & Cheese Sandwich Canadian Bacon	Choice of Cereal Buttered Waffles Sausage Patty	
Lunch							
Ham Loaf Mashed Potatoes Corn Dinner Roll Cherry Cake	Margarita Pizza Salad Garlic Toast Chef's Choice Dessert	Ginger BBQ Chicken Red Bliss Potatoes Carrots Wheat Bread Cinnamon Rice Pudding	Beef Enchilada Seasoned Black Beans Corn Mexican Rice Snickerdoodle Cookie	Crumb Topped Fish Coleslaw Sugar Snap Peas Dinner Roll Custard Pie	Crab Salad w/Crackers Mixed Vegetables Bread Stick Ice Cream	Honey Glazed Pork Garlic Mashed Potatoes Chalet Vegetable Blend Wheat Bread Banana Pudding Pound Cake	
Turkey Vegetable Pie	Polish with Sauerkraut	Fried Fish	Ham & Sweet Potato Casserole	Taco Salad w/Chips	Grilled Cheese Sandwich	Chili	
Dinner							
Soup of the Day Chicken Salad on a Bun With Pickles Chips Cantaloupe	Soup of the Day Deli Sandwich Pasta Salad Pineapple Chunks	Soup of the Day Pizza Casserole Buttered Breadstick Mixed Melon Salad	Soup of the Day Dijon Chicken Mushroom Casserole Seasoned Peas Dinner Roll Cinnamon Applesauce	Soup of the Day Tater Tot Bake Cauliflower Wheat Bread Cookie	Soup of the Day Brat Potato Salad Chips Fruit	Soup of the Day Hot Roast Beef Sandwich Chips Watermelon	
Cheese Burger	Grilled Salmon Over Rice	Swedish Meatballs w/Noodles	Roast Beef & Cheddar Sandwich	Breaded Pork Tenderloin	Turkey Sandwich	Tuna Noodle Casserole	