

# CENTER FOR ENRICHMENT

## CLEMENT MANOR

### Classes for Lifelong Personal Growth

September 15 ~ October 22, 2025

November 3 ~ December 10, 2025



CLEMENT MANOR



**Center for  
Enrichment**

9405 WEST HOWARD AVENUE

GREENFIELD, WI 53228

(414) 546-7990 OR (414) 546-7394

HOURS: MONDAY, TUESDAY AND WEDNESDAY

8:30 AM ~ 3:00 PM

CLEMENTMANOR.COM

◆ Short Courses ◆ Special Interest Groups  
◆ Talks ◆ Aqua Fit ◆ T'ai Chi ◆ Yoga

**Registration begins Tuesday, August 12.**



Franciscan Sisters of Christian Charity  
Sponsored Ministries, Inc.

# Explore the World, Expand your Mind By taking a Class

## What You Will Find

Opportunities for education, wellness and spiritual growth. Classes are offered through lectures and ongoing discussion groups allowing for lively interaction between presenters and members. Classes are taught by retired teachers, hobbyists, local professionals and professors from area colleges and universities.

## Benefits of Lifelong Learning

- Stimulates greater neuron generation and connection in the brain. (Neurons are responsible for sending information throughout the body and when this is improved, it positively affects memory, attention, thinking and reasoning skills.)
- Reduces the risk of Dementia by enhancing brain health.
- Improves ability to handle challenges.
- Provides social connections that foster a sense of community and friendship.

## Or Volunteer

Consider the rewarding experience of helping others to improve physically, cognitively and spiritually by sharing a special talent, skill or area of interest with other mature adults.

## Benefits of Being a Volunteer Instructor

- Meet inquisitive individuals passionate about living well and eager to learn
- Give back to the community
- Be inspired
- Learn something new
- Have fun sharing your passion

## Are you Passionate About?

Art  
Current Affairs  
Dance  
Foreign Language  
Geography  
History  
Literature  
Music

Photography  
Religion  
Science  
Spirituality  
Technology  
Theater  
Travel  
Wellness



*... Share Your Knowledge*

Call 414-546-7990 or email [kbeyer@clementmanor.org](mailto:kbeyer@clementmanor.org).

The Center for Enrichment offers an extensive array of courses in the liberal arts and sciences for students 50 or older. There are no entrance requirements, grades nor tests. It's your experience and love of learning that count. No college background is needed!

**HOW COURSES ARE LISTED:** Courses are listed by day of the week, start time and start date. Some courses meet outside of the regular term. Please pay particular attention to the session dates listed.

There are many offerings this fall and we invite you to explore the catalog and fill your autumn with fun through learning.

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CFE may periodically add classes throughout the Session. Please check Online at [www.clementmanor.com/cfe](http://www.clementmanor.com/cfe) for the latest updates.

## Share Your Passion. Become a volunteer teacher today!

The Center for Enrichment (CFE) at Clement Manor is a Lifelong Learning program that offers educational, wellness and spiritual programming for the mature adult student. CFE is in search of volunteers who are interested in sharing their skills with our inquisitive and eager members. No need to be a certified teacher; just have the ability and passion to share your knowledge with others. Classes run Monday through Wednesday 9:00 am-3:00 pm.

## Consider Making a Donation!

Why Support the Center for Enrichment?  
Because the Center for Enrichment has made a difference in your life!

Make a Difference...Quick & Easy  
Round-up at registration or make a separate check payable to CFE and mail to 9405 W. Howard Avenue, Greenfield, WI 53228.

## Donate to the CFE Book Sale!

### Things to keep in mind when donating books:

- Please do not drop off books in the CFE offices without speaking to staff.
- What is needed for the sale: All works of Fiction or Non-Fiction (Paperbacks preferred but will accept hard cover books.)
- No books older than 10 years. Exceptions will be made if the books are in good condition (no yellowing of pages, ripped, written in, etc.) or if they are a part of a series.
- Please no Readers Digests, dictionaries, encyclopedias, medical books over 5 years old, college textbooks, Harlequin Romance, cookbooks over 5 years old, magazines of any kind, DVDs or CDs.

## **CENTER FOR ENRICHMENT MEMBERSHIP PROGRAM**

Resolve to Live Well - Every Day.  
Learn, Live & Stay Healthy!

To register and participate in programming, you must have an active membership. Sign up for your membership today. Single membership is \$25.00 and couples or two people living at the same address \$35.00. Membership is good for a full year. Use form on page 12 or 14.

Becoming a member of the Center for Enrichment (CFE) entitles you to:

- ✓ Attend short courses and lectures taught by Center for Enrichment members, faculty from local colleges and universities and other experts in their fields.
- ✓ Enroll in peer-led special interest groups.
- ✓ Attend health, financial and legal seminars and many other member-only events.
- ✓ Discount coupons good towards CFE Classes, Keynote Speaker Series and reduced fee or no-cost special events.
- ✓ Enjoy social events throughout the year.
- ✓ Free informational, referral and notary services.
- ✓ Meet new friends who share a love of learning.
- ✓ Keep up-to-date with the organization through emails regarding new classes and activities.

Membership fee is non-refundable.

### **REGISTRATION INFORMATION**

Mail-in registrations accepted with a postmark date of August 14 or later. No walk-in registration before Monday, August 25. Check, Visa/Mastercard accepted. Registrations will be processed randomly giving equal access to all open programs. Please mark your calendars when registering and plan on attending the first day of class. You will be notified VIA PHONE or EMAIL ONLY if your class is CANCELLED.

**Catalog Contains:** Terms 5 & 6 Course Info

**Upcoming 2026 Terms:**

**Term 1: January 12-February 18**

**Term 2: March 2-April 8**

**Term 3: April 20-May 27**

### **REGISTRATION DEADLINES**

To avoid disappointment, make certain that your registration and fees are received by the CFE staff within 7 working days prior to the start of the first class meeting. CFE will cancel classes with insufficient registration after this deadline. All registered participants in cancelled classes will be notified of changes by phone or email. Class rosters are prepared and given to instructors. Registrations on the first day of class will be accepted only if openings exist.

### **POLICY FOR CANCELLATIONS/ REFUNDS**

A full refund will be issued to program participants if CFE cancels a program for any reason - full refund for amounts over \$10.00; rollover credit for amounts \$10.00 and under. All members have the opportunity to donate their course fee to CFE at this time.

Participant's withdrawal before the first week of class will qualify for a full refund.

Participant's withdrawal during the first week of class may have their fee rolled over to another program; otherwise participant will receive a refund or rollover credit minus a \$10.00 processing fee.

Refunds are not issued after the first day of class or for a Keynote.

Withdrawals from Keynotes or one-time presentations prior to event date will be a rollover credit.

Any issued credits must be used within a year of issuance. Unused rollover credit will be considered a donation to CFE.

**\*\*\*PAYMENT BY CHECK payable to CFE,  
CASH or**



**A \$2.00 processing fee will be applied to all credit card charges.\*\*\***

### **DIRECTIONS**

Center for Enrichment is located on the Clement Manor Retirement Community grounds at 9405 W. Howard Avenue, Greenfield, WI. Use the second driveway west of 92nd St. Off-street parking is available.

### **SEVERE WEATHER WATCH/SCHOOL CANCELLATION**

Closings are noted on NBC-WTMJ4 and WISN-12 both on air between 6:00-9:00 am and online. When the Greenfield Public Schools are closed because of weather, CFE will also be closed. However, CFE reserves the right to cancel classes when weather/emergency conditions warrant.

## CFE TUESDAY KEYNOTE SERIES

### Member \$5.00 / Guest \$7.00 per keynote

#### **From Butterflies to Elephants** Presented by Jeff Engel Tuesday, September 9 1:30 PM

In this visually stunning program, Jeff Engel will take you on a captivating journey through the natural world, showcasing breathtaking images of landscapes, wildlife, and remote wilderness from around the globe. Drawing from his extensive experience as a host and filmmaker for a national outdoor adventure TV show, he will share not only his most incredible photos and also the unforgettable stories behind them. From exotic wildlife encounters to the untouched beauty of the wild, this presentation will transport you to some of nature's most awe-inspiring corners of the Earth. Through a stunning collection of images, which will highlight everything from the delicate wings of butterflies to the majestic grandeur of elephants.



*Jeff is an award-winning nature and wildlife photographer, nationally known television personality and co-author of an Amazon Best-Selling book. Additionally, he hosted an award-winning outdoor adventure television series titled "Engel's Outdoor."*

#### **Noble Discontent: Louisa May Alcott** Portrayed by Debra Miller Tuesday, September 30 1:30 PM

Poet and author, abolitionist and nurse, patriot and suffragist; Louisa May Alcott was so much more than the author of Little Women. In this performance, the audience meets with this prolific American author at the height of her health and success. We learn of the hopes, the heartbreaks and the experiences of her life, from which she drew inspiration for her novels, short stories and poems. theatrical presentation, written using excerpts from her letters and journals, allows Alcott to speak to us in her own words; of her childhood, her experiences as a Civil War nurse, her struggles to support her family and the equal rights of all.



*Debra is a professional actress, vocalist and voice-over talent with over 30 years of experience as a performer for live audiences, television and film. In 2010 she began creating her own company focused on writing and producing one-woman plays in which she portrays important historical figures. She recently performed for CFE as Agatha Christie.*

#### **C'mon, Get Happy: The Making of Summer Stock – The End of the Road for Judy Garland at MGM** Presented by David Fantle Tuesday, October 28 1:30 PM

For Judy Garland, the 1950 MGM musical Summer Stock was the end of the road for The Wizard of Oz star after 15 years at the studio she called home. Join author and film historian David Fantle as he tells the "back story" of this troubled production.



*David has been interviewing, writing and speaking about Hollywood's Golden Age stars for 45 years. His work appeared in media outlets throughout the world. Now he is an adjunct professor in film at Marquette University and co-author of three books.*

#### **History Comes Alive-Theodore Roosevelt** Portrayed by Peter Small Tuesday, November 25 1:30 PM

Meet one of America's most exciting and dynamic Presidents, Theodore "Teddy" Roosevelt. He was a hunter, conservationist and a warrior who won the Nobel Peace Prize. The 26th President of the United States tells tales of exploring the safari, climbing mountains and hiking the frontiers of America's wilderness. In a highly interactive show, Teddy Roosevelt echoes his famous 1899 speech when he stresses the importance of living a strenuous life. He will encourage you to persevere, overcome hardship and face challenges head on. "Speak softly and carry a big stick; you will go far!"



*Peter has been a performing artist with The Performing Tree of Los Angeles, and is currently an adjunct instructor for the North Orange County Community College. He has performed at the Ronald Reagan, Herbert Hoover, Richard Nixon, and George Bush Presidential Libraries, Port Huron, Michigan's Thomas Edison Festival, and has appeared on the History Channel.*

All programs are held at Center for Enrichment, 9405 W. Howard Avenue, Greenfield, located on the Clement Manor grounds, Room 109.

#### **Registration/Payment**

Advanced registration and payment is required for all Keynote programs. To register please note on registration form or call (414) 546-7302.

## TERM 5 CLASSES

### Addiction-A Family Crisis

Anger, fear, and despair reign when alcohol abuse is in charge. Chaos is the constant state of life of alcohol abusers and their loved ones. Life may feel hopeless. It is not. Fr. Lawson will offer ideas for how to get help for the abuser and guidance for their family members. **Tuesday, September 9**

**Time: 11:00 am-Noon**

**Presenter:** Father Ted Lawson

**Course Fee:** \$10.00

### Heart-Healthy Eating on A Budget

Eating healthy doesn't have to mean spending more money at the grocery store. In this class, registered dietitian Heather Klug, MEd, RD, will review tips to boost nutrition, save money, and reduce risk for heart disease. Max. 25 **Monday, September 15**

**Time: 10:00-11:00 am**

**Presenter:** Heather Klug

**Course Fee:** \$10.00

### Wet Cyanotypes

Wet cyanotypes, also known as "wetcyan" or "wet cyanotype painting," involves working with cyanotype chemicals while they are still wet on the paper, allowing for more organic and unpredictable results. This technique allows artists to introduce other reactive materials, like salt, vinegar, or soap, to create unique patterns and colors. This workshop will teach you the cyanotype process, using the sun as our UV light source. The focus is on creating photograms on paper with found objects, and simple contact prints with film positives and negatives. **Monday, September 15**

(Rain date: Wednesday, September 17)

**Time: 11:00 am-Noon, Class will break, resuming 1:00-1:30 pm**

**Presenter:** Louise Weare

**Course Fee:** \$20.00



### Celebrate Your Creative Roots!

Be awed and inspired, as this three-part series time travels into our BIG HISTORY. Learn about how we are biologically and spiritually connected to a Creative Universe and to the Painters of Chauvet who stroked symbolic art on the walls of a French cave 37,000 years ago. Our human and cosmic story is presented in multi-media and is revealed through the research of experts in astrophysics, archeology, paleontology, genetics, psychology, neuroscience, and Paleolithic art. Explore more about yourself, your gifts, where you came from, and who you're meant to be. **Monday, Tuesday and Wednesday, September 15, 16 and 17**

**Time: 12:30-3:30 pm**

**Presenter:** Janet Cosmos

**Course Fee:** \$18.50

### History & Evolution of American Football

A discussion of where American football came from including discussion of the first "official" game which looked nothing like the game we know today. We then look at how the game changed from the 1860's to the 1920's when it began to closely resemble American football today.

**Tuesday, September 16**

**Time: 11:00 am-12:15 pm**

**Presenter:** Greg Jenks

**Course Fee:** \$10.00

### An Overview of Wisconsin's Juvenile Detention System

The Wisconsin juvenile justice system focuses on rehabilitation and community-based services for young offenders, with the goal of preventing future delinquency and promoting successful reintegration into society. It is state-supervised but county-administered, meaning counties have significant control over the structure and services within their jurisdictions. Dr. Schreiber will discuss what works and what is in store for the state's criminal youth population. **Tuesday, September 16**

**Time: 1:00-2:15 pm**

**Presenter:** Sara Schreiber

**Course Fee:** \$10.00

### Shipwrecks of Milwaukee

Discover tales of famous shipwrecks off the coast of Milwaukee's lakefront. There are many interesting stories at the bottom of Lake Michigan, including a ghost ship, the Titanic of Lake Michigan, a fireboat on fire, a plague ship, and a ship connected to a witch, an artist, Robert DeNiro, Bill Clinton, a civil rights murder and the man who made the most amount of money on an hourly basis in history.

**Wednesday, September 17**

**Time: 11:00 am-12:15 pm**

**Presenter:** James Heinze

**Course Fee:** \$10.00

### Resilience

What is resilience? What amount do you have? How does it help you in tough times like the isolation of the pandemic? Or the death of a loved one?

Session 1: Vietnam changed the field of Applied Psychology and essentially initiated the research in resilience and bereavement (traumatic death). We'll address the above questions. At the end of this session. Session 2: We'll learn about the 7 keys to resilience--Emotion Regulation, Impulse Control, Optimism, Causal Analysis, Empathy, Self-efficacy and Reaching out.

**2 Wednesdays, September 17, 24**

**Time: 1:00-2:30 pm**

**Presenter:** Marge Schell

**Course Fee:** \$14.25

## **The Day Wall Street Exploded**

In April 2025, when the stock market went on a meltdown, some people might have wanted to blow it up. Why not learn about the day and time that Wall Street really exploded killing over 100 people. Learn about this little known event that happened over 100 years ago.

**Monday, September 22**

**Time: 11:00 am-12:15 pm**

**Presenter:** Kathleen Smith

**Course Fee:** \$10.00

## **Biomes**

What defines a biome? We will examine the unique characteristics of a biome, including its climate, soil, water sources, and plant and animal life. We will also hone in on our own “backyard biomes” of Wisconsin’s temperate forests, grasslands, prairies and the changes Wisconsin’s biomes experienced through time. The class will briefly discuss anthropogenic biomes (human intensive land-use biomes, such as croplands and urban areas).

**Monday, September 22**

**Time: 1:00-2:15 pm**

**Presenter:** Zelinda Koch

**Course Fee:** \$10.00

## **Democracy and Development in India**

India has for long been billed as the world’s largest democracy and one of the world’s largest markets. What is the state of democracy and development in the country? What is the history of democracy and development in India and what might the future auger? **Tuesday, September 23**

**Time: 10:00-11:15 am**

**Presenter:** Rikhil Bhavnani

**Course Fee:** \$10.00

## **Milwaukee Public Museum Update**

Milwaukee Public Museum’s Daniel O’Brien will be stopping by to give us updates on the new museum scheduled to open in 2026. Come hear what is involved in disassembling and reassembling one of Milwaukee’s favorite historical structures.

**Tuesday, September 23**

**Time: 1:00-2:15 pm**

**Presenter:** Daniel O’Brien

**Course Fee:** Free to CFE Members

## **An Island in the Sun: The Archaeology of Western Sicily**

Dr. William Balco, an expert from the University of Wisconsin-Milwaukee’s Cultural Resource Management program and a professional archaeologist who has worked in western Sicily since 2003, will share information gleaned from his research while giving an overview of important historical and archaeological sites in Sicily.

**Monday, September 29**

**Time: 9:30-10:45 am**

**Presenter:** William Balco

**Course Fee:** \$10.00

## **Bone Health**

Healthy bones are so important for your overall wellness and quality of life! Bone diseases like osteoporosis make your bones weak and brittle, and they can strip you of your height, posture, mobility and independence. What’s more concerning is that you can’t feel osteoporosis happening! Thankfully, there are things you can do to help prevent osteoporosis and also protect your bones from fractures and breaks if they have already started to weaken. **Monday, September 29**

**Time: 11:00 am-12:15 pm**

**Presenter:** Pat Shapiro

**Course Fee:** CFE Members Free

## **Dealing with Life and Family Issues as We Age**

Seniors face a host of challenges that increase with age. I call this period in our lives ‘Managing Loss’. Loss of independence, loss of income, loss of mental and physical capabilities, etc. We will look at these challenges by addressing their place in the ‘Circle of Concern/Circle of Influence’ model developed by Dr. Stephen Covey in the book ‘The 7 Habits of Highly Effective People’. This is an interactive class where you will be encouraged to share your stories and experiences as we work together to develop possible solutions for nine specific areas: Finances, Independence, Living Space, Transportation, Health Concerns, Estate Planning, Death Planning, Control Issues, and Social and Family Ties. Max. 20

**3 Tuesdays, September 30, October 7, 14**

**Time: 10:00-11:30 am**

**Presenter:** Dennis McCormack

**Course Fee:** Free to CFE Members

## **Frankenstein:**

### **Penetrating the Secrets of Science**

In 1818, Mary Shelley's story was published as *Frankenstein or, The Modern Prometheus*. This story-both in the original novel and shaped into new forms, such as plays, films, and comics has captivated people ever since, exposing hidden, sometimes barely conscious fears of science and technology. As scientists have gained new powers, the Frankenstein story remains, like a warning beacon, throwing its harsh, unsettling beam upon human efforts to penetrate the secrets of nature.

**Wednesday, October 1**

**Time: 1:00-2:15 pm**

**Presenter:** John Horgan

**Course Fee:** \$10.00

### **Why is Everybody Talking about Fungi?**

These days in the media and online there is a lot of attention to the topic of that fascinating branch of the tree of life, fungi. What does the category of fungi include, how are fungi distinct from other living things, and what are highlights of the life story of fungi? What contributions do fungi make to ecosystems, and why are they essential to all life on earth? How do fungi show promise for advances in human health, environmental remediation, and responding to climate change? The presenter will share recommendations for resources to read, listen and watch to learn more about these fascinating living things. **Monday, October 6**

**Time: 9:30-10:50 am**

**Presenter:** Donna Engelmann

**Course Fee:** \$10.00

### **Chicago's World Fair: Bright and Dark**

In the midst of a city reeling from the stench of stockyards, a severe economic downturn, high unemployment and homelessness, power hungry and sometimes corrupt politicians, and competition from larger, more esteemed cities, Chicago met the challenge of developing and hosting a world-class event: the Columbian Exposition. Against teeming challenges, a group of forward thinkers gave the world a truly spectacular experience that fostered inventiveness, adventure, and joy. All the world had its place. Wisconsin too left its mark. However, all was not golden.

**2 Mondays, October 6, 13**

**Time: 11:00 am-12:15 pm**

**Presenter:** Shirley Minga

**Course Fee:** \$14.25

## **5 Things You Need to Know!**

If you are considering moving into a senior community there are 5 things you need to know. Join Kim Skoczynski, Concierge Liaison at Clement Manor, with over 15 years of experience assisting seniors, as she shares what she has learned from those who have made the move! Know what questions you should be asking yourself.

**Tuesday, October 7**

**Time: 1:00-2:00 pm**

**Presenter:** Kim Skoczynski

**Course Fee:** Free to CFE Member and Guests

### **One Room Schools: Stories From the Days of 1 Room, 1 Teacher, 8 Grades**

This presentation returns you to a time when Wisconsin's rural children attended a one-room school with all eight grades in one room with one teacher. This interactive talk will celebrate the days when brothers and sisters went to school together; children put a jar of soup in a pot on the wood stove to warm for lunch, played recess games like annie-over, and practiced saying their "piece" for the annual Christmas program. Susan will talk about how she researched and gathered stories for the book. She will encourage the audience to think about ways to share their stories about the past with their family. *Copies of her book will be available for purchase after class.*

**Wednesday, October 8**

**Time: 11:00 am-12:00 pm**

**Presenter:** Susan Apps-Bodilly

**Course Fee:** \$10 **Guests:** \$12.00

## **1968**

1968 was a pivotal year in world history, characterized by a number of significant events resulting in turmoil, trauma and social change. This course will relive all of the triumphs and tragedies that occurred during those 12 months while relating them to where we are today.

**2 Tuesdays, October 14, 21**

**Time: 1:00-2:15 pm**

**Presenter:** Greg Jenks

**Course Fee:** \$14.25

### **Scams against Seniors**

Scams targeting seniors are a serious issue, with fraudsters often exploiting older adults' vulnerabilities to financial abuse. Common scams include government imposter scams, where criminals pose as IRS, Social Security, or Medicare officials, and grandparent scams, where they pretend to be a grandchild in distress. Learn what you can do to protect yourself.

**Tuesdays, October 14**

**Time: 1:00-1:45 pm**

**Presenter:** Mike Scasny

**Course Fee:** Free to CFE Members

## Suminagashi Ink Marbling

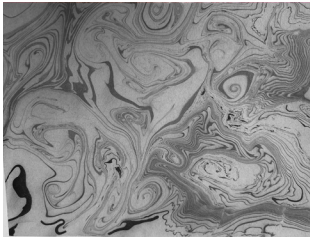
Discover the joy of paper marbling in this Suminagashi class. Create stunning works of art with step-by-step instruction. Max 10.

**Wednesday, October 15**

**Time:** 11:00 am-Noon; *Class will take a break then return from 12:30-1:30 pm*

**Presenter:** Louise Weare

**Course Fee:** \$20.00



## The Sixth Wisconsin and the Long Civil War

The Sixth Wisconsin Infantry, one of the elite regiments of the legendary Iron Brigade, was at the heart of some of the Civil War's bloodiest battles, from Second Manassas and Antietam to Gettysburg and the Overland Campaign. But their story did not end in 1865.

Wisconsin historian James Marten uses the deeply personal stories of the regiment's 2,000 men to explore not just the war itself, but its long aftermath. Drawing on an extraordinary wealth of letters, diaries, and records, Marten reveals how these soldiers, along with their families and communities, struggled with the physical and emotional scars of war, long after the battles ended.

**Wednesday, October 15**

**Time:** 1:00-2:15 pm

**Presenter:** James Marten

**Course Fee:** \$10.00

## Places and Things Unique to Wisconsin

This session we'll be focusing on the places and things unique to Burlington, Wisconsin. There is a lot to love about Wisconsin especially in a small community like Burlington. Come and see what I have learned! **Monday, October 20**

**Time:** 10:30 am-Noon

**Presenter:** Mary Long

**Course Fee:** \$10.00

## The Triangle Shirtwaist Factory

This fire in March 1911 killed more than 150 workers trapped at the factory at quitting time. Their story, the charges against the owners, the verdicts and subsequent reforms that resulted are fascinating. Join us for this interesting class.

**Monday, October 20**

**Time:** 11:00 am-12:30 pm

**Presenter:** Kathleen Smith

**Course Fee:** \$10.00

## Civics & Current Events

This timely and topical course will focus on current events, recent developments and even so-called "breaking news" in a variety of areas of interest and engagement. Santelle will select reports that focus principally on topics like government structure and operation, civil and human rights, the observance and promotion of the Rule of Law, equal protection and due process challenges and prosecutorial and judicial proceedings. After consideration of fact-based public reports, participants will have opportunities for discussion.

**6 Tuesdays, October 21-November 25**

**Time:** 11:00 am-12:30 pm

**Presenter:** Jim Santelle

**Course Fee:** \$30.00

## From Exhibit to Ecosystems

How do zoos promote conservation to guests? How does having animals in captivity support their counterparts in the wild? Join us to learn more about the conservation campaigns, fieldwork, and breeding at our Zoo.

**Wednesday, October 22**

**Time:** 11:00 am-Noon

**Presenter:** David Loosen

**Course Fee:** \$10.00

## Haunted Lighthouses

Some believe that all lighthouses are haunted. Wisconsin has several lighthouses with reported hauntings. These locations are known for ghostly encounters ranging from unexplained sounds and moving objects to sightings of spectral figures. Come and hear which Wisconsin lighthouses may be haunted and by whom.

**Wednesday, October 22**

**Time:** 1:00-2:00 pm

**Presenter:** James Heinze

**Course Fee:** \$10.00

## Paramount Records' Early African-American Blues: Port Washington, Grafton & Beyond

This multi-media presentation will highlight the surprising story of a WI Chair Company that formed a record label which ultimately distributed foundational Blues recordings. Songs by influential artists on the label will be shared along with cover versions of this music that have reverberated through contemporary culture.

**Wednesday, October 29**

**Time:** 1:00-2:00 pm

**Presenter:** Peter Roller

**Course Fee:** \$10.00

## TERM 6 CLASSES

### **Safe and Healthy Streets: Active Transportation**

Many communities in the United States, from small towns to large cities, are promoting walking and bicycling for routine travel to work, school, church, stores and other common activities. By shifting some routine automobile trips to walking and bicycling, leaders believe they can improve the health, environment, economy and attractiveness of their communities. This presentation will focus on roadway design and land use strategies to increase walking and bicycling and will include local examples and ideas from leading communities in North America. **Monday, November 3**

**Time: 1:00-2:15 pm**

**Presenter:** Robert Schneider

**Course Fee:** \$10.00

*\* Class added after publication*

### **More On Class List Drugs**

Dr. Schreiber is back continuing the discussion on how illegal drugs are classified and how controlled substances are scheduled. These categories help law enforcement to understand what drug or drugs a person may have taken based on their behavior, appearance, and circumstances. Understanding how different classes of drugs can affect individuals helps law enforcement officers react to, control and question suspects in drug-related cases. These classifications and schedules also determine how a person is charged. **Monday, November 3**

**Time: 10:30 am-Noon**

**Presenter:** Sara Schreiber

**Course Fee:** \$10.00

### **Preventing Type 2 Diabetes**

When a person has diabetes, their body does not make enough insulin or cannot use its own insulin properly, causing sugars to build up in the blood. Over time, this extra sugar causes damage and can lead to serious problems like heart disease, stroke, vision loss, kidney disease, nerve damage, amputations and even early death. Some types of diabetes like type 1 diabetes and gestational diabetes (diabetes during pregnancy) cannot be prevented, but type 2 diabetes (the most common type among Americans) can be! Learn the early warning signs of diabetes and most importantly, how to prevent type 2 from occurring.

**Monday, November 3**

**Time: 1:00-2:15 pm**

**Presenter:** Pat Shapiro

**Course Fee:** CFE Members Free

### **Light, Color and Optical Illusions**

Come and explore the world of Light and Color through a variety of demonstrations and experiments. All capped off with the fun of a myriad of optical illusions.

**6 Tuesdays, November 4-December 9**

**Time: 10:00-10:50 am**

**Presenter:** Barb Schacht

**Course Fee:** \$30.00

### **The Gilded Age**

Mark Twain coined the phrase The Gilded Age. This phrase describes the era of the 1870's through the 1890's, a period marked by economic growth and technological advancements. Great fortunes were made, often through rampant economic and political corruption and monopolistic business practices. This outward show of good times masked the growth of urban poverty and tenement living, exploitation of workers, and the widening gap between the wealthy and the working class. These conditions led to an increase in social unrest.

**6 Tuesdays, November 4, 11, 18, December 2, 9, 16 (no class on Tuesday, Nov. 25)**

**Time: 1:30-2:20 pm**

**Presenter:** Don Valentino

**Course Fee:** \$30.00

### **Cursed by a Bite (or a Kiss): Vampires**

Slinking through the shadows of night, they come to feed on the innocent. Vampires are among the world's most celebrated and popular monsters. They have an extremely complex history and biology surrounding them, supported by a long line of books and movies featuring them as both villains and heroes. Determining which fears drove the rise of vampires is tricky because they are such multifaceted monsters with no clear point of origin. Vampires represent a catalog of invisible "monsters" that have plagued mankind.

**Wednesday, November 5**

**Time: 1:00-2:15 pm**

**Presenter:** John Horgan

**Course Fee:** \$10.00

### **Advent**

Advent: For the 2026 liturgical year, the Sunday after Thanksgiving, November 30, starts Advent. There is a feast for every day of Advent. The common ones are: St Nicholas, Immaculate Conception, Our Lady of Guadalupe, O-Antiphons and cultural celebrations like the Los Posadas Novena. We'll explore these and more. **Wednesday, November 5**

**Time: 1:00-2:15 pm**

**Presenter:** Marge Schell

**Course Fee:** \$10.00

## **Antisemitism: The World's Oldest Hatred**

Antisemitism-2,000 years of history. Throughout the ages, leaders have used antisemitism to divert attention from other crises by creating a scapegoat and uniting their citizens in a common cause, blaming Jews. We will consider how antisemitism has surfaced and reinvented itself, sometimes subtly, sometimes not so subtly, under Ferdinand and Isabella, Stalin and Hitler, more recently in Charlotte, again on January 6 and since October 7, 2023. Its most recent outbreak on college campuses is also troubling. **2 Mondays, November 10, 17**

**Time: 9:30-10:45 am**

**Presenter: Lloyd Levin**

**Course Fee: \$14.25**

## **Safe Online Shopping**

Shopping presents an opportunity for consumers to purchase practically anything quickly and conveniently. The Internet has many fake ads, fraudulent websites, and scammers trying to take your money and give you nothing in return. You can have a safe online shopping experience, as long as you protect yourself. We will cover online shopping scams, Wi-Fi, Internet access, payment methods, and shipping considerations.

**Monday, November 10**

**Time: 11:00 am-Noon**

**Presenter: Ben Merens**

**Course Fee: Free to CFE Member**

## **Vera C. Rubin Observatory**

From distant stars and galaxies to asteroids whizzing through the Solar System, this next-generation facility unveils its first imagery and brings the night sky to life like never before. In the first 2 weeks of operation it has already made amazing discoveries.

**Monday, November 10**

**Time: 1:00 -2:00 pm**

**Presenter: Dennis Roscoe**

**Course Fee: \$10.00**

## **People Unique to Milwaukee & Wisconsin**

We've discussed well-known individuals like the Bartolottas, Bud Selig and Bambi Bembenek. We've discovered others that were less well-known or with less apparent ties to Wisconsin, like Aldrich Ames and Michael Perry. So, let's see who has captured interest this session.

**Wednesday, November 12**

**Time: 10:30 am-Noon**

**Presenter: Mary Long**

**Course Fee: \$10.00**

## **Christmas and the Liturgical Year:**

Unlike tossing your Christmas tree Dec 26, keep up your decorations through Jan 11. The liturgical year of Christmas always begins December 25 and goes through the Baptism of the Lord. This year Epiphany is Jan 4 (USA) and the Baptism of the Lord is Jan 11. We'll discuss the ranking of feast days—solemnity, feasts and memorials, and touch on the remaining Liturgical Year.

**Wednesday, November 12**

**Time: 1:00-2:15 pm**

**Presenter: Marge Schell**

**Course Fee: \$10.00**

## **Satisfy Your Sweet Tooth Healthfully**

Love sweets but want to make them healthier? Join registered dietitian, Heather Klug, from The Karen Yontz Women's Cardiac Awareness Center and learn about modifications to make your sweet treats healthier with natural sugars and other heart-healthy foods. Sample a heart-healthy dessert and take heart-healthy dessert recipes to try at home. Heather will also demo a heart-healthy dessert.

**Wednesday, November 12**

**Time: 1:00-2:00 pm**

**Presenter: Heather Klug**

**Course Fee: \$10.00**

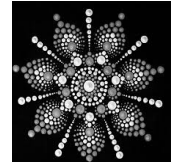
## **Mandala Dot**

Mandala dot art involves creating designs by placing dots of paint in a symmetrical and circular pattern, forming a mandala. Create beautiful dot mandalas with easy-to-follow instructions for beginners. **Monday, November 17**

**11:00 am-Noon**

**Instructor: Louise Weare**

**Course Fee: \$20.00**



## **Parallels**

If you think you are seeing parallels today to the events of years ago, you are not alone. Join us for another discussion of this interesting and possibly scary subject. **Monday, November 17**

**Time: 11:00 am-12:15 pm**

**Presenter: Kathleen Smith**

**Course Fee: \$10.00**

## **Understanding the Connection Between Aging and Diabetes**

Dr. Anita Manogaran is an associate professor of Biological sciences at Marquette University. Previously she shared the Science of Alzheimer's and Parkinson's Disease as well as High Blood Pressure and Heart Disease. Join us again as she dives into the science behind diabetes and what role aging plays. **Wednesday, November 19**

**Time: TBA**

**Instructor: Anita Manogaran**

**Course Fee: \$10.00**

## What Originalism Means for Women

The Court's embrace of originalism poses special risks to women. The 2022 decision which overturned *Roe v. Wade*, exemplifies this threat—the majority failed to fully grapple with how legal and cultural gender norms have shifted since the founding era. The current term's *United States v. Rahimi*, which is built entirely around the fact that domestic violence was not a crime in the 18th century, has taken originalism to an absurd end at the expense of American women.

Join us for a virtual pre-recorded Zoom panel discussion with Madiba K. Dennie, author of *The Originalism Trap*; Khiara M. Bridges of UC Berkeley School of Law; Emily Martin of the National Women's Law Center; and Alicia Bannon of the Brennan Center and State Court Report. These speakers will explore what the 2023–24 Supreme Court term has meant and could mean for all Americans, through the lens of what it means for half the population. **Monday, November 24**

**Time: 10:30-11:30 am**

**Presenters:** Madiba K. Dennie, Khiara M. Bridges, Emily Martin and Alicia Bannon

**Course Free:** Free to CFE Members

## The Road to Pearl Harbor

The Pacific War started with the bombing of Pearl Harbor and other Allied bases on December 7/8, 1941. The chain of events and decisions that led to the Japanese attack stretch back many years, even decades. This talk will examine the roots of the conflict and why Japan chose to strike.

**Monday, December 1**

**Time: 10:00-11:15 am**

**Presenter:** Christopher Kolakowski

**Course Fee:** \$10.00

## The Story of the U.S. Constitution: Past and Present

In this pre-recorded event, Akhil Reed Amar and David Blight of Yale University and Annette Gordon-Reed, president of the Organization of American Historians and Harvard professor, join National Constitution Center President and CEO Jeffrey Rosen for a sweeping conversation about the Constitution and the debates that have shaped America—from the founding era to today. They'll examine transformative moments in American history and landmark Supreme Court decisions. This program is presented in partnership with the Sandra Day O'Connor Institute and the Organization of American Historians.

**Monday, December 1**

**Time: 1:00-2:00 pm**

**Presenter:** Akhil Reed Amar, David Blight and Annette Gordon-Reed

**Course Fee:** Free to CFE Members

## USO Camp Tours

Learn about the history and mission of the USO and the roles that celebrities like Milwaukee's Incomparable Hildegard and many other stars played during WWII and beyond. The program will also feature the music and humor of the WWII era.

**Wednesday, December 3**

**Time: 1:00-2:15 pm**

**Presenter:** Jean Kaldunski

**Course Fee:** \$10.00

## Paint Pouring

Paint pouring, also known as fluid art or liquid art, is a technique where acrylic paints are mixed with a pouring medium and then poured directly onto a canvas or other surface. The paints are manipulated by tilting the surface, allowing them to blend and flow to create unique, abstract patterns and effects. It's a popular method for beginners due to its accessibility and dramatic results. Together we will learn step-by-step acrylic paint pouring techniques in this beginner-friendly course. Max. 8

**Wednesday, December 3**

**Time: 11:00 am–Noon**

**Instructor:** Louise Weare

**Course Fee:** \$20.00

## Ethel Rosenberg

Over seventy years ago Ethel Rosenberg and her husband Julius were tried, convicted and executed for spying for the United States. Ethel's case has been controversial because she was a young mother of two children and the case against her was iffy. Join us as we re-examine the case of Ethel Rosenberg and her guilt or innocence.

**Monday, December 8**

**Time: 11:00 am-12:15 pm**

**Presenter:** Kathleen Smith

**Course Fee:** \$10.00

## “You are Smart, Why Don't you Think Like Me?”

The social sciences have revealed a number of involuntary dynamics that influence our thinking with the result that we don't always make fully rational decisions. Some of them are used by advertisers and politicians without us noticing. We'll look at several cognitive biases – those shortcuts that our brains use to filter out the mass of information coming in both for better and worse - and some semantic issues that may help us understand the way our thinking and behaviors can be shaped by outside factors.

**Wednesday, December 10**

**Time: 10:00 -11:00 am**

**Presenter:** Kevin Gibson

**Course Fee:** \$10.00

## FITNESS CLASSES

### **Walking in the Woods**

Rediscover one of the pleasures of youth. Explore on foot and find features hidden in our urban woods and beyond. Participants will meet at CFE before the first walk of each term and the following walks meet at the designated park then hike/walk, rest a bit, continue on the hike/walk and finish within two-hours time. No special abilities nor experience needed, just wear comfortable shoes and clothing. Decide to walk? Let us know your favorite wooded spot! Carpooling is optional! Course fee does not include entry fees to state parks nor gardens.

#### **Term 5 - Mondays**-Tentative walk schedule

September 15-Kulwicks Park

September 22-Fox River County Park

September 29-Greenfield Park

October 6-Scuppernon Trail Head, Dousman

October 13-Warnimont Park

October 20-Catholic Ecology Center

#### **Term 6 - Mondays**-Tentative walk schedule

November 3-Vernon Marsh

November 10-Hidden Lake Park

November 17-Conservancy for Healing & Heritage

November 24-Lynden Gardens

December 1-Mitchell Park & Fox Brook Park

December 8-Wehr Nature Center

**Time: 10:30 am-Noon**

**Guide:** CFE Member Led

**Course Fee:** \$10.00 per term

CFE coupons cannot be applied.

### **A Breath of Energy: T'ai Chi Ch'uan-For Continuing & Advanced Students**

This class will continue expanding on lessons using quiet, supple movements involving the entire body performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Qigong exercises and part of the new Chen Long form will be taught.

#### **Term 5**

**6 Tuesdays, September 23-October 28 \***

**6 Fridays, September 26-October 31 \***

#### **Term 6**

**6 Tuesdays, November 4-December 9 \***

**6 Fridays, November 7-December 19 \***

(No class November 28)

**Time: 9:00-9:50 am**

**Instructor:** Deb Solis

**Course Fee:** \$35.00/per 6 week class

**\* Dates revised after publication**

### **A Breath of Energy: T'ai Chi Ch'uan-Beginner**

An ancient Chinese health exercise. Quiet, supple movements involving the entire body are performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Giong exercises and part of the new Chen form will be taught.

#### **Term 5**

**6 Tuesdays, September 23-October 28 \***

**6 Fridays, September 26-October 31 \***

#### **Term 6**

**6 Tuesdays, November 4-December 9 \***

**6 Fridays, November 7-December 19 \***

(No class November 28)

**Tuesday Time: 10:00-10:50 am**

**Friday Time: 10:45-11:35 am**

**Instructor:** Deb Solis

**Course Fee:** \$35.00/per 6 week class

**\* Dates revised after publication**

### **Gentle Chair Yoga**

This is the practice of integrating mindful movement with the breath. The focus of improving balance, strength, flexibility and calm will all be addressed utilizing a chair whenever necessary. Wear comfortable clothing and bring a beach towel or a yoga mat. CFE coupons cannot be applied.

#### **Term 5**

**6 Wednesdays, September 24-October 29**

#### **Term 6**

**6 Wednesdays, November 5-December 17**

(No class November 26)

**Time: 10:00-10:50 am**

**Instructor:** Michelle Kreiter

**Course Fee:** \$35.00/per term

### **Intermediate Yoga**

Yoga is a practice that can promote strength, balance and flexibility. It can also bring calm to the mind and balance to the whole body through poses, breathing techniques and mindfulness.

Continuing yoga students will review basic yoga positions. New poses and breathing techniques will be introduced. Bring a towel or floor mat and wear comfortable clothing.

#### **Term 5**

**6 Wednesdays, September 24-October 29**

#### **Term 6**

**6 Wednesdays, November 5-December 17**

(No class November 26)

**Time: 11:00-11:50 am**

**Instructor:** Michelle Kreiter

**Course Fee:** \$35.00/per term

## AQUA FITNESS

All aqua fitness classes are targeted for different fitness levels. Participants are encouraged to work at their own pace. No swimming skills are required for these shallow water workouts.

Please bring your own towel, swimsuit and lock.

Water Shoes are strongly recommended. Center for Enrichment is not responsible for lost, damaged, or stolen items. No food nor drink (other than water) in the locker rooms and pool area.

Warm Water Pool-temperature between 85°-88°.

Center for Enrichment member coupons cannot be applied to water exercise classes. CFE Membership Required. Guests not allowed.

### **Therapeutic Aqua Walking**

March and walk through the water to create resistance and improve your cardiovascular fitness, muscular endurance, and flexibility. Walking in water is an excellent cardio and resistance training exercise option. It can help strengthen and tone many muscle groups, burn calories while being gentle on your bones and joints. This class has no instructor and is at your own pace. Min. 4, Max. 12

#### **Term 5**

**6 Mondays, September 15-October 20**

**6 Wednesdays, September 17-October 22**

#### **Term 6**

**6 Mondays, November 3-December 8**

**6 Wednesdays, November 5-December 17**

(NO class November 26)

**Time: 8:30-9:30 am**

**Instructor: Self Led**

**Session Fee: \$20.00/6 Week Class**

### **Aqua Fit I-Low Intensity**

Make the most of water's natural resistance to help increase your flexibility and muscle strength. Low level, non-aerobic workout is safe and fun without impact to the joints. Even people who suffer from arthritis may want to give these classes a try!

Min. 6, Max. 12.

#### **Term 5**

**6 Tuesdays, September 9-October 14**

**6 Thursdays, September 11-October 16**

#### **Term 6**

**6 Tuesday, November 4-December 9**

**6 Thursday, November 6-December 18**

(NO Class November 27)

**Time: 10:00-11:00 am**

**Instructor: Laura Haas**

**Course Fee: \$36.00/6 Week Class**

### **Aqua Fit II-Moderate Intensity**

This is the perfect environment to stretch your muscles, get in some cardio workout and flex your joints. Movements are tailored for moderate speed, power, agility and strength. Geared to making you more fit without stressing your body.

Min. 6, Max. 12.

#### **Term 5**

**6 Tuesdays, September 9-October 14**

**6 Thursdays, September 11-October 16**

#### **Term 6**

**6 Tuesday, November 4-December 9**

**6 Thursday, November 6-December 18**

(NO Class November 27)

**Time: 11:00 am-noon**

**Instructor: Laura Haas**

**Course Fee: \$36.00/6 Week Class**

## CFE MEMBER OPPORTUNITIES

### **Creative Card Making with Nancy**

Join us as we make greeting cards for various occasions at each class. All supplies are included. You will use assorted techniques, rubber stamps, punches, dies and other accessories to create lovely cards! Participants must be preregistered and prepaid so that enough supplies can be prepared. Beginners and Advanced Card makers welcome!

**September 17, October 15, November 19  
December 17**

**Time: 1:00-3:00 pm**

**Instructor: Nancy Lee Black**

**Course Fee: \$10.00 per class**

### **Tuesday's Bridge Group**

A group for those interested in playing a fun hand of bridge with fellow bridge players. This group is for non-competitive intermediate level of players. All bridge players must be a member of CFE and register in advance.

**Tuesdays 9:00-11:00 am**

**Fee: Free to CFE Members**

### **Open Art Studio for Art Students**

Self-guided art adventure; participants are welcome to bring in art projects and paint, draw, sketch with their peers. Open studio time allows participants to gather and share ideas with other artists.

**Term 5: Tuesdays, September 16-October 22**

**Term 6: Tuesdays, November 4-December 9**

**Time: 9:30-11:30 am**

**Fee: Free to CFE Members**

## MONTHLY MYSTERY BOOK CLUB

**BEFORE THE FIRST BODY IS DISCOVERED,  
A LOOK AT MYSTERY SERIES AUTHORS  
1:00-2:00 pm**

**Facilitator:** Holly Schoenecker

Join us for laughter, lively discussion and exploration of books. Many of our books are mysteries, but we're open to any suggestion of what to read. Who did it? What clues did the author leave us? What did we think of...the Old West; Streets of London; the Barbary Coast; Philadelphia; the wilds of Alaska. Those women's rights? That nosy neighbor? The Shadow in the night? The locations change and the characters remain interesting.

**Upcoming Book Club Selections:**

**Monday, September 22**

*The Thursday Murder Club* by Richard Osman

**Monday, October 20**

*The Frozen River* by Ariel Lawhon

**Monday, November 17**

*Snowblind* by Ragnar Jonasson

**Monday, December 8**

*Rest Ye Murdered Gentlemen* by Vicki Delany

## LIFELONG LEARNING BOOK CLUB

**First Tuesday of the Month Noon-1:00 pm**

Have an hour of fun discussing the latest hits or the classics. Each month's book selection is based on the interest of the monthly attendees and led by a member of the group.

**Upcoming Book Club Selections:**

**Tuesday, September 2**

*Lessons in Chemistry* Bonnie Garmus

**Tuesday, October 7**

*Cold Wind* by Paige Shelton

**Tuesday, November 4**

*Be Ready When Luck Happens* by Ina Garten

**Tuesday, December 2**

*The Frozen River* by Ariel Lawhon

## ALZHEIMER'S ASSOCIATION FAMILY CAREGIVER SUPPORT GROUP

**Third Monday of the Month**

**2:00-3:00 pm**

Dealing with the changing needs of your loved one who has Alzheimer's is challenging. You are not alone. Sharing information with other caregivers can be a great source of information and support. Call our Pastoral Care Office for more information or to register (414) 546-7980.

## SAGE MOVIES 1:00-3:00 PM

Donations Welcome

All movie showings are subject to availability.  
Please register for the movies by noting on registration form or by calling (414) 546-7302.

**Monday, September 29-*Amateur***, PG-13, 2hr4m  
Charlie Heller is a brilliant CIA decoder whose world comes crashing down when his wife dies in a London terrorist attack. When his supervisors refuse to take action, his intelligence becomes the ultimate weapon as he embarks on a dangerous trek across the globe to track down those responsible.

**Monday, October 6-*Green and Gold***, PG, 1hr45m  
A fourth-generation dairy farmer, on the brink of losing his farm to the bank, wagers everything on a bet involving his beloved Green Bay Packers. His granddaughter pursues a music career to save what they have worked for their entire lives.

**Monday, October 20-*Nonna's***, PG, 1hr45m  
After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual Nonnas--grandmothers, as the chefs.

**Monday, November 3-*The Life List***, PG-13, 2hr5m  
When her mother sends her on a quest to complete a teenage bucket list, a young woman uncovers family secrets, finds romance and rediscovers herself.

**Monday, November 10-*Drift***, NR, 1hr33m  
Young Liberian refugee Jacqueline barely escapes her war-torn country to settle on a Greek island. Her daily struggle for survival keeps terrible memories at bay, and she becomes close to an American tour guide.

**Monday, December 1-*As You Like It***, PG, 2hr7m  
Banished by her younger brother, Rosalind is forced into exile by her uncle. However, she disguises herself as a boy named Ganymede and meets Orlando in the Forest of Arden.

# Center For Enrichment Registration Form

Name: \_\_\_\_\_  
 First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_  
 \_\_\_\_\_ New Student \_\_\_\_\_ Returning Student \_\_\_\_\_ Clement Manor Resident  
 Address: \_\_\_\_\_  
 City, State ZIP: \_\_\_\_\_  
 Phone: (\_\_\_\_) \_\_\_\_\_  
 E-mail address: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_  
 Phone: (\_\_\_\_) \_\_\_\_\_

Marital Status: \_\_\_\_\_ Education Level: \_\_\_\_\_  
 (Former) Occupation: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Church Affiliation: \_\_\_\_\_  
 How did you learn of us? \_\_\_\_\_

Please mail or drop off your completed form to:

Center for Enrichment  
 9405 West Howard Avenue, Greenfield, WI 53228  
 Office Hours: M-W 8:30 am-3:00 pm

Course Title	Term	Day	Time	Course Tuition
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
Membership required for most classes. Are you a Member? Yes _____ No _____ Membership Renewal _____ New _____ Single _____ Couple _____ \$25.00 Single Membership Fee \$35.00 Couple Membership Fee			Membership fee if due.	\$
Term: _____ Date: Card Prepared _____ Card Sent: _____	Sub-Total			\$

Waiver: I the undersigned named below do hereby understand that I have registered herein to participate in the aforementioned activity and I further agree to indemnify and hold harmless the Clement Manor CFE, the City of Greenfield, and all employees, officers and agents from and against any and all liability. In addition, I understand that requested programs indicated above, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good condition appropriate for the stated activity and that participants must assume full responsibility for injuries incurred while taking part in an activity. No accidental insurance is provided by Clement Manor CFE. I/we have read and agree to the registration and related policies.

Payment Method: (check one)  
☐ Check - (make checks payable to CFE)  
☐ Cash ☐ Gift Certificate  
☐ Credit Card (Master Card & Visa) Exp. Date \_\_\_\_ / \_\_\_\_  
 Card# \_\_\_\_\_ CW \_\_\_\_\_

\$2.00 processing fee added to all charges  
 Signature Of Cardholder: \_\_\_\_\_

<b>Round-Up</b> donation	\$
Coupon	
<b>Total</b>	

CFE Office Use Only: Balance Due \_\_\_\_\_  
 Date Rec'd \_\_\_\_\_ Amt. Pd. \_\_\_\_\_  
 Check # \_\_\_\_\_ Initials \_\_\_\_\_

## UNIQUE TRAVEL EXPERIENCES

Information on trips can be found online with each agency or here at the Center for Enrichment.

### Profit for You Tours

Raising Money for Charity through Travel. Embark on a journey that goes beyond sightseeing. Join them on a series of thoughtfully curated tours that not only offer unforgettable experiences but also make a positive impact on the communities visited. A portion of your tour fee comes back to CFE when you mention us at time of registration.

**Contact:** Lori, 414-477-0155;

Profitforyoutours.com

### Hollitude Travel

Local and international travel opportunities. CFE Members use a code to receive a discount.

**Contact:** Holly, 262-470-3932;

Hollitudeholidaytravel.com

*The Center for Enrichment (CFE) is providing the travel opportunities as a courtesy to the Agencies. CFE makes no recommendations or endorsements regarding the travel opportunities. CFE makes no guarantees and gives no assurances, as to the quality of services provided, or the safety of those who use the services. The CFE assumes no responsibility to any person for any loss, damage, cost, or expense, to include any physical or pecuniary injuries, incurred or arising as a result of travel with either organization.*

### "Oklahoma"

Clement Manor Residents and CFE Combined trip to The Fireside Theatre.

**Sunday, October 19**

**Cost:** \$86/ticket

Fee Includes: Bus, Ticket to the show and Brunch.

Register with payment by Friday, September 19  
Seats are limited.

## CLEMENT MANOR AND CFE

### MEMBER COMBINED ACTIVITIES

#### Music Under the Stars

##### Bobby Way- Decades of Cover Songs

Clement Manor and Trinity Senior Services present the final evening of the Music Under the Stars Summer Concert Series, open for all residents, families and community citizens to attend!

**Tuesday, September 9**

**Time: 6:00-7:00 pm**

**Where:** Clement Manor Courtyard Gazebo, 9405 W. Howard Ave., Greenfield \*Concert will be moved indoors during inclement weather.

#### Live Music

##### Heinzel Kunsmann

Enjoy an afternoon of music on the Grand Piano.

**Friday, September 19**

**Time: 2:30 pm**

**Where:** Clement Manor Rainbow Room

##### Joe Kadlec

Guitar, Mandolin, Vocal, Old School Rock

**Tuesday, October 21**

**Time: 3:30 pm**

**Where:** Clement Manor Rainbow Room

##### Remember When Duo

Oldies 50's-80's

**Friday, November 7**

**Time: 3:30 pm**

**Where:** Room 109

#### Halloween Costume Contest and Happy Hour

Wear your favorite costume and join us after the Keynote for drinks, music and fun.

**Friday, October 31**

**Time: 2:30 pm**

**Cost:** \$5.00-RSVP by October 22

**Where:** Clement Manor Rainbow Room



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 \_\_\_\_\_ New Student \_\_\_\_\_ Returning Student \_\_\_\_\_ Clement Manor Resident  
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Center for Enrichment  
9405 West Howard Avenue, Greenfield, WI 53228  
Office Hours: M-W 8:30 am-3:00 pm

Course Title	Term	Day	Time	Course Tuition
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
<b>Membership required for most classes. Are you a Member?</b> Yes ____ No ____ <b>Membership Renewal</b> ____ <b>New</b> ____ <b>Single</b> ____ <b>Couple</b> ____ <b>\$25.00 Single Membership Fee</b> <b>\$35.00 Couple Membership Fee</b>			<b>Membership fee if due.</b>	\$
<b>Term: _____ Date: Card Prepared _____ Card Sent: _____</b>				<b>Sub-Total</b> \$
<div> <div> <p>Waiver: I the undersigned named below, do hereby understand that I have registered herein to participate in the aforementioned activity and I further agree to indemnify and hold harmless the Clement Manor CFE, the City of Greenfield, and all employees, officers and agents from and against any and all liability. In addition, I understand that requested programs indicated above, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good condition appropriate for the stated activity and that participants must assume full responsibility for injuries incurred while taking part in an activity. No accidental insurance is provided by Clement Manor CFE. I/We have read and agree to the registration and related policies.</p> </div> <div> <p>Payment Method: (check one)</p> <p><input type="radio"/> Check - (make checks payable to CFE)</p> <p><input type="radio"/> Cash      <input type="radio"/> Gift Certificate</p> <p><input type="radio"/> Credit Card (Master Card &amp; Visa) Exp. Date ____ / ____</p> <p>Card# _____ CW _____</p> <p>\$2.00 processing fee added to all charges</p> <p>Signature Of Cardholder: _____</p> </div> </div>				
<b>Round-Up donation</b>				\$
<b>Coupon</b>				
<b>Total</b>				
<b>CFE Office Use Only:</b> Date Rec'd _____ Check # _____ Balance Due _____ Amt Pd. _____ Initials _____				

# Clement Manor

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## LIFE ENRICHED

## Love Where You Live!



If you or a loved one is looking to join a fun and vibrant senior community, Clement Manor is the perfect choice. With an experienced staff, newly remodeled facility and apartments, as well as a wide range of activities and amenities, we are committed to providing a safe, caring environment for all of our residents to call home.

We provide ongoing care through a continuum of services including:

- Center for Enrichment
- Independent Living
- Independent Living Plus \*
- Assisted Living
- Claire Suites Memory Care & Enhanced Assisted Living
- Skilled Nursing
- Transitional Care
- Respite Care

Are you someone who would like a little “**extra help**” but not quite ready for Assisted Living?

Consider our **Independent Plus** program as an enhancement to your daily living by choosing a bundle package to suit your needs.

This bundle service line is perfect for someone who would like help with meals, housekeeping, laundry, medicine reminders, activity reminders and a daily check-in system for your peace of mind!

Call 414-546-7000 or go to [www.clementmanor.com](http://www.clementmanor.com) for more information.

CLEMENT MANOR



## Center for Enrichment

9405 W. Howard Avenue  
Greenfield, WI 53228

NON-PROFIT ORG.

U.S. Postage

PAID

Milwaukee, WI

Permit #3074

### Come for Class, Stay for Lunch!

Rainbow Room Restaurant Serves lunch 11:00 am - 1:00 pm.

Weekly Menu can be found at:

<https://www.clementmanor.com/services/center-for-enrichment-life-long-learning/>



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