

CLEMENT MANOR		Clement Manor S/S Midwest Alts 2025			Regular/NAS/Consistent CHO		Week 4
Sunday Aug 3	Monday Aug 4	Tuesday Aug 5	Wednesday Aug 6	Thursday Aug 7	Friday Aug 8	Saturday Aug 9	
Breakfast							
Choice of Cereal Pancakes Sausage Links Wheat Toast	Choice Cereal Cook's Choice Eggs Bacon Wheat Toast	Choice of Cereal Scrambled Eggs Toasted Cinnamon Swirl Bread	Choice of Cereal Egg Sausage Bake Wheat Toast	Choice of Cereal Cook's Choice Eggs Blueberry Muffin	Choice of Cereal Egg & Cheese Sandwich Canadian Bacon	Choice of Cereal Pancakes Sausage Patty	
Lunch							
Chicken Marsala Penne Pasta Roasted Carrots Wheat Bread Cherry Crisp	Resident Choice Meal Breakfast & Lunch French Toast Bacon Scrambled Eggs w/Cheese Kringle	Chicken Tortilla Rice Bowl Seasoned Black Beans Corn Cookie	Spaghetti & Meatballs Cauliflower Dinner Roll Lemon Pudding	Blackberry Dijon Chicken Thigh Rice Seasoned Broccoli Wheat Bread Molasses Cookie	Lemon Pepper Cod Garlic Mashed Potatoes Honey Roasted Carrots White Frosted Cake	Swedish Meatballs Parsley Noodles Mixed Vegetables Dinner Roll Chocolate Satin Pound Cake	
Beef Teriyaki/Rice	Baked Chicken	Baked Potato/Toppings	Salmon Patty	Cheese Enchiladas	Pizza Casserole	Margarita Cheese Pizza	
Dinner							
Soup of the Day Fried Fish French Fries Cole Slaw Cinnamon Apples	Soup of the Day Roast Beef & Cheddar Sandwich Chips/Pickle Watermelon	Soup of the Day Cheese Pizza Salad Buttered Breadstick Red Grapes	Soup of the Day Ham Salad Sandwich Marinated Cucumbers Cantaloupe	Soup of the Day Salisbury Steak Buttered Noodles Seasoned Peas Garlic Bread Knot Apple Slices	Soup of the Day Grilled Ham & Cheese Red Bliss Potatoes Mixed Melon Salad	Soup of the Day Turkey Pot Pie Corn Wheat Bread Ice Cream	
Chili Dog	Oven Baked Fish & Mashed Potatoes	Beef Macaroni Casserole	Meatloaf & Mashed Potatoes	Beef Tater Tot Bake	Oven Fried Chicken	Deli Sandwich	
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