

CLEMENT MANOR		Clement Manor F/W Midwest Alts 2025			Regular/NAS/Consistent CHO		Week 3
Sunday April 27	Monday April 28	Tuesday April 29	Wednesday April 30	Thursday May 1	Friday May 2	Saturday May 3	
Breakfast							
Choice of Cereal Scrambled Eggs Apple Cinnamon Pancake	Choice of Cereal Egg Patty Canadian Bacon English Muffin	Choice of Cereal Scrambled Eggs Assorted Mini Donuts Sausage Links	Choice of Cereal Cook's Choice Eggs Biscuits and Sausage Gravy	Choice of Cereal Cook's Choice Eggs Bacon Wheat Toast	Choice of Cereal Scrambled Eggs Sausage Links Waffle	Choice of Cereal 3 Cheese Egg Bite Chocolate Croissant	
Lunch							
Chicken Alfredo Penne Pasta Seasoned Broccoli Breadstick Lemon Cheesecake Bar	Mustard Glazed Beef Onion Roasted Potatoes Corn Cranberry Upside Down Cake	Pork Chop Suey White Rice Peas & Carrots Wheat Bread Oreo Blondie Bar	Pot Roast Winter Vegetables Garlic Mashed Potatoes Dinner Roll Custard Pie	Roast Turkey Mashed Potatoes Seasoned Peas Wheat Bread Vanilla Cake	Lasagna Tossed Salad Buttered Breadstick Brownie	Chicken Enchiladas Spanish Rice Seasoned Black Beans Chocolate Ice Cream	
Fish Sandwich	Tuna Salad Sandwich	Herb Marinated Chicken Thigh	Chicken Cordon Bleu	Macaroni & Cheese Stewed Tomatoes	Grilled Ham & Swiss Sandwich	Cheese Pizza Tossed Salad	
Dinner							
Soup of the Day Herb Baked Tilapia Potato Wedges Creamy Coleslaw Dinner Roll Fresh Berries	Soup of the Day Margherita Cheese Pizza Normandy Vegetable Blend Buttered Breadstick Apple Slices	Soup of the Day Dijon Chicken Mushroom Casserole Green Beans Dinner Roll Fresh Fruit Cup	Soup of The Day Pork Choppette Baked Sweet Potato Green Beans Cornbread Cinnamon Applesauce	Soup of the Day Tuna Melt Sandwich With Chips and Pickles Cantaloupe	Soup of the Day Vegetable Pot Pie Seasoned Broccoli Cottage Cheese Pineapple Chunks	Soup of the Day Deli Sandwich With Lettuce, Tomato & Pickle Cucumber Slices Red Grapes	
Maple Mustard Pork Tenderloin	Salisbury Steak Mashed Potatoes	Ham & Cheese Sandwich	Swedish Meatballs Mashed Potatoes	Chicken a la King Buttered Noodles	Hamburger Steak Onion Roasted Potatoes	Cranberry Glazed Pork Potato Wedges	
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