

CLEMENT MANOR

Clement Manor F/W Midwest Alts 2024

Regular/NAS/Consistent CHO

Week 1

Sunday March 9	Monday March 10	Tuesday March 11	Wednesday March 12	Thursday March 13	Friday March 14	Saturday March 15
Breakfast						
Choice of Cereal Assorted Mini Muffins Cheesy Scrambled Egg Sausage Links	Choice of Cereal Egg Patty Canadian Bacon English Muffin Fruit Cup	Choice of Cereal 3 Cheese Egg Bite Sausage Patty Wheat Toast	Choice of Cereal Cook's Choice Eggs Biscuits and Sausage Gravy	Choice of Cereal Cook's Choice Eggs Apple Cinnamon Pancake	Choice of Cereal Buttered Waffles Sausage Links Fruit Cup	Choice of Cereal Scrambled Eggs Bacon Wheat Toast
Lunch						
Garlic Parmesan Braised Chicken Penne Pasta Green Beans Buttered Breadstick Pumpkin Pie Bar	Maple Mustard Pork Tenderloin Baked Potato Corn Angel Food Cake	Pot Roast Rice Pilaf Green Beans Apple Pie	Hamburger w/Cheese, Pickle, Lettuce, Tomato Fries Boston Crème Pie	Baked Crunchy Ranch Chicken Thigh Baked Sweet Potato Half Winter Vegetables Gingersnap Cookies	Citrus Dill Cod Tossed Salad Onion Roasted Potatoes California Vegetable Blend Dessert Variety	Beef Tater Tot Bake Choice of Roll Broccoli Baked Apples
Baked Cod	Cheese & Black Bean Quesadilla	Home Made Lasagna Tossed Salad	BBQ Chicken Pizza	Chili w/Beans	Beef Barley Casserole	Baked Pork Chop
Dinner						
Soup of the Day Tuna Salad Sandwich California Vegetable Blend Grapes	Chicken Noodle Soup Swedish Meatballs Buttered Noodles Seasoned Peas Cherry Pie	Beef Pot Pie Soup Macaroni & Cheese Stewed Tomatoes Dinner Roll Pineapple Chunks	Ham, Bacon & Bean Soup Grld Ham & Swiss Sandwich Corn/Potato Chips Mixed Melon Salad	Vegetable Pesto Soup Hamburger Stroganoff Seasoned Peas Buttered Breadstick Apple Slices	Tuscan Bean Soup Vegetable Pot Pie Seasoned Broccoli Cottage Cheese Cantaloupe	Soup of the Day Pork Choppette French Fries Green Beans Red Grapes
Beef and Noodles	Deli Sandwich	Baked Ham w/ Raisin Sauce Cheesy Mashed Potatoes	Chicken Enchiladas Sauteed Peppers & Onions	Hot Dog	Ham & Cheese Quiche	Turkey Sandwich

