

CLEMENT MANOR

Clement Manor F/W Midwest Alts 2024

Regular/NAS/Consistent CHO

Week 1

Sunday February 2	Monday February 3	Tuesday February 4	Wednesday February 5	Thursday February 6	Friday February 7	Saturday February 8
Breakfast						
Choice of Cereal Assorted Mini Muffins Cheesy Scrambled Egg Sausage Links	Choice of cereal Egg Patty Canadian Bacon English Muffin	Choice of Cereal 3 Cheese Egg Bite Sausage Patty Wheat Toast	Choice of Cereal Cook's Choice Eggs Biscuits and Sausage Gravy	Choice of Cereal Cook's Choice Eggs Apple Cinnamon Pancake	Choice of Cereal Buttered Waffles Sausage Links	Choice of Cereal Scrambled Eggs Bacon Wheat Toast
Lunch						
Garlic Parmesan Braised Chicken Penne Pasta Green Beans Buttered Breadstick Pumpkin Pie Bar	Maple Mustard Pork Tenderloin Baked Potato Dinner Roll Corn Angel Food Cake	Herb Marinated Chicken Thigh Rice Pilaf Green Beans Cherry Pie	Salisbury Steak Mashed Potatoes Peas & Carrots Apple Pie	Baked Crunchy Ranch Chicken Thigh Baked Sweet Potato Half Winter Vegetables Dinner Roll Gingersnap Cookies	Citrus Dill Cod Tossed Salad Onion Roasted Potatoes California Vegetable Blend Dessert Variety	Beef Tater Tot Bake Choice of Roll Broccoli Baked Apples
Baked Cod	Cheese & Black Bean Quesadilla	Lasagna Tossed Salad	BBQ Chicken Pizza	Chili w/Beans	Beef Barley Casserole	Chicken Croquette
Dinner						
Soup of the Day Tuna Salad Sandwich California Vegetable Blend Green Grapes	Chicken & Rice Soup Swedish Meatballs Buttered Noodles Seasoned Peas Banana	Tomato & Spinach Soup Macaroni & Cheese Stewed Tomatoes Dinner Roll Pineapple Chunks	Sausage & Peppers Soup Grld Ham & Swiss Sandwich Corn/Potato Chips Mixed Melon Salad	Creamy Corn Soup Hamburger Stroganoff Seasoned Peas Buttered Breadstick Apple Slices	Beef Taco Soup Ham & Cheese Quiche Hashbrown Patty Seasoned Peas Cantaloupe	Soup of the Day Pork Choppette French Fries Green Beans Red Grapes
Beef and Noodles	Deli Sandwich	Baked Ham w/ Raisin Sauce Cheesy Mashed Potatoes	Chicken Enchiladas Sauteed Peppers & Onions	Hot Dog	Vegetable Pot Pie	Turkey Sandwich