

**CLEMENT MANOR**

**Clement Manor F/W Midwest Alts 2024**

**Regular/NAS/Consistent CHO**

<b>Sunday</b> Jan 5	<b>Monday</b> Jan 6	<b>Tuesday</b> Jan 7	<b>Wednesday</b> Jan 8	<b>Thursday</b> Jan 9	<b>Friday</b> Jan 10	<b>Saturday</b> Jan 11
<b>Breakfast</b>						
Choice of Cereal Eggs of Choice Chocolate Croissant	Choice of Cereal Breakfast Pizza	Choice of Cereal French Toast Sausage Links	Choice of Cereal Scrambled Eggs Breakfast Ham Slice Wheat Toast	Choice of Cereal Egg Sausage Bake Wheat Toast	Choice of Cereal Egg & Cheese Sandwich Canadian Bacon	Choice of Cereal Eggs of Choice Sausage Links Blueberry Muffins
<b>Lunch</b>						
Baked Glazed Ham Scalloped Potatoes Dinner Roll Normandy Vegetable Blend Lemon Poppyseed Cake	Lemon Baked Fish Rice Pilaf Seasoned Broccoli Wheat Bread Apple Orchard Bars	Chicken Marsala Rotini Pasta Dinner Roll Carrots Chocolate Cookie	Roast Beef Garlic Mashed Potatoes Normandy Vegetable Blend Boston Crème Pie	Crumb Topped Fish Sweet Potato Fries Creamy Coleslaw Dinner Roll Oatmeal Raisin Cookie	Chicken & Stuffing Casserole Dilled Carrots Dinner Roll Oreo Cookie Blondies	Cranberry Glazed Pork Baked Potato Winter Vegetables Dinner Roll Frosted Spice Cake
Ginger-Barbecue Chicken	Maple Glazed Pork	Country Ham & Biscuit Sandwich	Herb Baked Tilapia	Pork Chow Mein Rice	Beef Brisket Scalloped Potatoes	Chicken Pot Pie
<b>Dinner</b>						
Tomato Bisque Grilled Cheese Sandwich Chips Mixed Melon Salad	Sausage & Bell Pepper Soup Italian Sausage w/Peppers & Onions Potato Wedges Peas & Carrots Cinnamon Applesauce	Turkey Dumpling Soup Grilled Ham & Cheese Sandwich Chips Glazed Sugar Snap Peas Red Grapes	Potato Leek Soup Creamed Chicken Rice California Vegetable Blend Biscuit Pineapple Chunks	Chicken Gnocchi Soup Turkey Cranberry Sandwich Spanish Rice Corn Banana	Beef & Bean Soup Baked Ziti Cauliflower Dinner Roll Diced Pears	Tuscan Bean & Sausage Soup Roast Beef & Provolone Sandwich Chips Cantaloupe
Meatballs Mashed Potatoes	Panko Crusted Tilapia	Beef Fritter Mashed Potatoes	Caramelized Meatloaf Cheesy Mashed Potatoes	Beef Enchiladas	Maple Glazed Chicken	Pizza Casserole Tossed Salad