

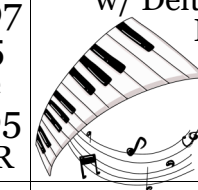





West Apartments Activities January 2025

Activities are subject to change at any time. Thank you.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Café-Sunshine Café on 1st Fl near Lobby RR-Rainbow Room 1st Fl near Lobby MPRM-Multipurpose Room next to RR</p> <p>CLASSROOMS 105-across from MPRM attached to Carolina's Office 107-across from MPRM 114-across from Pool</p> <p>LOUNGES Lobby, 161A & 181A—1st Floor 261A & 281A—2nd Floor 361A & 381A—3rd Floor</p>			<p>1 Happy New Year Independent Leisure & Recreation Carolina off today</p>	<p>2 10:00 The Brew Crew Men's Coffee Chat 181-A 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 3:00 Hymn Sing MPRM 4:00 Dinner w/ Friends RR</p>	<p>3 10:30 Group Fitness Improve Balance w/OTAGO MPRM 1:30 Stitch w/Ruth 281-A 2:30 Afternoon Tea Lobby</p> 	<p>4 7:00 Resident Bingo 105 Bring \$1.00</p>
<p>5 TBD Tailgate Social 181-A NFL Bears v Packers  5:30 Coloring Club Lobby</p>	<p>6 10:30 Craft Club 105 3:30 Sit & Fit 381-A Carolina work 1p-5p</p>	<p>7 10:30 Coffee Klatch 105 1:00 Office Hour 105 3:30 Bible Study: 281-A Foundations (Genesis)</p>	<p>8 10:30 Walking Club Lobby 1:00 Shopping Lobby Aldi 3:30 Group Fitness MPRM Chair Dance w/ Carolina 7:15 Rosary Prayer 281-A</p>	<p>9 10:00 The Brew Crew Men's Coffee Chat 181-A 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 3:00 Welcome Committee Mtg 105 4:00 Dinner w/ Friends RR</p> 	<p>10 10:30 Group Fitness Improve Balance w/OTAGO MPRM 2:00 Live Music: MPRM w/ Delta Omeron Music Fraternity</p> 	<p>11 10:30 UnDeck The Halls Sign up Donuts & Coffee provided</p>
<p>12</p>	<p>13 10:30 Craft Club 105 3:30 Sit & Fit 381-A Carolina work 1p-5p</p>	<p>14 10:30 Coffee Klatch 105 1:00 Office Hour 105 3:30 Bible Study: 281-A Foundations (Genesis)</p>	<p>15 10:30 Walking Club Lobby 1:00 Shopping Lobby Metro Market 3:30 Group Fitness MPRM Chair Dance w/ Carolina 7:15 Rosary Prayer 281-A</p>	<p>16 10:00 The Brew Crew Men's Coffee Chat 181-A 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 3:00 Hymn Sing MPRM 4:00 Supper Club RR RSVP</p>	<p>17 12:00 Movie: MPRM Thelma (98 min) 1:30 Stitch w/Ruth 281-A 2:00 Chef Showcase RR w/ Joe & Russo RSVP</p>	<p>18 1030 Emmaus 90 381-A 7:00 Resident Bingo 105 Bring \$1.00</p>
<p>19</p> 	<p>20 10:30 Craft Club 105 3:30 Sit & Fit 381-A</p>	<p>21 10:30 Coffee Klatch 105 1:00 Office Hour 105 No Bible Study Today 3:30 Live Music RR Joe Kadlec</p> 	<p>22 10:30 Walking Club Lobby 1:00 Shopping Lobby Dollar Tree 3:00 Neighborhood Committee Mtg 105 w/Guest Speaker 7:15 Rosary Prayer 281-A</p>	<p>23 10:00 The Brew Crew Men's Coffee Chat 181-A 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:30 Resident Council 105 3:00 Hymn Sing MPRM 4:00 Dinner w/ Friends RR</p>	<p>24 2:30 Birthday Party RR Happy Hour</p>	<p>25 1030 Emmaus 90 381-A</p>
<p>26</p>	<p>27 10:30 Craft Club 105 3:30 Sit & Fit 381-A</p>	<p>28 10:30 Coffee Klatch 105 1:00 Office Hour 105 3:30 Bible Study: 281-A Foundations (Genesis)</p>	<p>29 10:30 Walking Club Lobby 1:00 Shopping Lobby Walmart 3:30 Group Fitness MPRM Chair Dance w/ Carolina 5:00 Dinner Out Stakeout Restaurant Sign up Carolina work 10a-630p 7:15 Rosary Prayer 281-A</p>	<p>30 10:00 The Brew Crew Men's Coffee Chat 181-A 10:00 Knit & Crochet 105 11:00 Blood Pressure Clinic 107 1:00 Bingo 105 3:00 Hymn Sing MPRM 4:00 Dinner w/ Friends RR</p>	<p>31 10:30 Pound Fitness w/ Laura MPRM 1:00 Movie: MPRM The Blind (1hr 45min) 1:30 Stitch w/Ruth 281-A 3:00 Video: MPRM Finding Peace of Mind in Christ (30min)</p> 